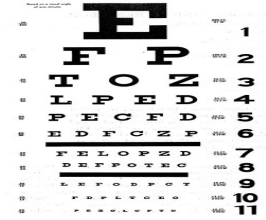


## Assessment and Management of Falls Risk in Primary Care



**Vision**

Check visual acuity



**Postural BP**

Check BP lying and standing



**Gait**

Timed Up & Go

Physiotherapy assessment



**Medication**

Review annually



**Home Safety**

Occupational therapy assessment



**Footwear**

Assess for appropriateness

There is no such thing as a trivial fall – the next one might be devastating.

Adapted from: Kingston, Frontenac, Lennox & Addington Falls Prevention Coalition (2008). Retrieved July, 10, 2008 from <http://www.stepsafe.com/pdf/quickguide.pdf>