

# Geriatrics in Primary Care Falls Tool Kit

## How to Use This Tool Kit

This Tool Kit was designed as part of the Geriatrics, Interprofessional, Interorganizational Collaboration (GiiC) project. The purpose of GiiC is to help family health teams and community health centers in their care of frail seniors. GiiC is a collaboration of the Regional Geriatric Programs of Ontario, the Center for Research and Education on Aging and Health, and the North East Local Health Integration Network Specialized Geriatric Services Group. The project is funded by HealthForceOntario through the Ontario Ministry of Health and Long Term Care and supports its *Interprofessional Care Blueprint for Action* strategy.

The Tool Kit offers a systematic and inter-professional approach through the “identify, prepare, evaluate, action” framework. This basic clinical approach can be used for the evaluation and management of any chronic condition.

The Tool Kit contains:

- Pre-assessment forms for clients / patients and families to collect and record relevant information prior to a visit.
- Tools for clinicians to assist in assessment / evaluation.
- Recommended algorithms and frameworks for evidence-based, comprehensive care.
- Handouts that educate and inform clients / patients in order to assist them to implement and monitor self-care and make decisions at follow-up visits with the health care team.
- Contact information for valuable local, provincial, national and international resources and organizations.
- Quick reference sheets that can be posted in the clinic/office.
- A PowerPoint presentation that clinicians can use to enhance capacity-building within their teams.

Clinicians are encouraged to select the most relevant tools for their practice and modify them to fit their needs and the needs of their clients / patients.

**Disclaimer:**

*This publication is intended only to facilitate the free flow of information of interest to health care providers involved in the care of older persons. Independent verification of the information provided should be obtained.*