

## After the Fall: A Guide for Patients and Families

- What Should You Look For?**
- Any fall needs medical evaluation, urgent attention if there is injury, or at least a routine evaluation to find the cause and prevent the next fall.
  - If there is an obvious injury, the person should obtain medical assistance immediately and notify his or her primary health care provider.
  - Even without obvious injury, if there is a significant blow to the head or any loss of consciousness, the person needs immediate medical attention.
  - Any signs of confusion after a fall warrant immediate medical evaluation.
  - Even if there is no injury, falling could be related to other medical conditions and should be reported to the primary care provider.

*(Adapted with permission from the Practicing Physician Education Project 2006)*