

## Food Banks in Perth County

Food Banks provide no-cost emergency food assistance

### House of Blessing - Stratford - 423 Erie Street

Hours: Tuesday, Wednesday & Thursday  
10 am - 12 pm and 1 - 3 pm  
Contact: Office, 519-273-3433  
Details: Open to all. One pick-up per month. Also provide diapers and formula, clothing, furniture, hands-on classes, back to school supplies and Christmas toys.

### Salvation Army - Stratford - 230 Lightbourne Ave

Hours: Monday & Thursday  
9:15 am - 11:30 pm & 1:15 pm - 4:30 pm  
Contact: Church Office, 519-271-2950  
Details: Open to all.  
By appointment only.  
\*Christmas hampers available.

### Society of Saint Vincent de Paul - Stratford

St. Joseph's Catholic Church  
96 Huron Street

Enter Church Hall off Hibernia Street

Hours: Wednesday 3:00 pm - 5:00 pm  
Contact: Church Office, 519-271-6722  
Details: Open to all year round.  
Eligible once every 4 weeks.  
\*Children can be registered for Christmas gifts.

### St. James Anglican Church - Stratford

6 Hamilton Street

Hours: Tuesday 9:30 am - 11:00 am  
Contact: Church Office, 519-271-3572  
Details: Open to all. One pick-up per month.  
Closed Tuesday after a statutory holiday.

### St. Pauls Church - Stratford - 9 Douro Street

Hours: Fridays 9:30 am - 11 am  
Contact: Church Office, 519-271-4527  
Details: Open to all. One pick-up per month.

### St. John's United Church - 175 Waterloo Street South

Enter off Douro St

Hours: Fridays 9:30 am - 11 am  
Contact: Church Office, 519-271-3683  
Details: One pick-up per month.

### Salvation Army - Listowel - 326 Main Street East

Food Bank Hours: Wednesdays & Thursdays 10 am - 12 pm,  
and 1 - 3 pm by appointment only  
Contact: Family Service Office, 519-291-2900  
Details: Open to North Perth and area residents.  
\*Also provide Christmas hampers and back to school back packs.

### Loaves and Fishes Food Bank - Milverton

6619 Perth Road 131

Mennonite Fellowship Church

Hours: 1st and 3rd Tuesday each Month 9:30 am - 11:30 am  
Contact: 519-595-8762  
Details: Open to Milverton, Ellice and Mornington Ward residents. One pick-up per month.

### Salvation Army - St. Marys - 220 Queen Street East

Enter by lower level off Peel Street

Hours: Monday, Wednesday, & Friday,  
by appointment (few days notice is required)  
Contact: 519-284-2760  
Details: Open to St. Marys and area residents. Formula and diapers when available.

\*Also provide Christmas hampers.

### The Salvation Army - Mitchell

Upper Thames Missionary Church  
80 Roland St. Mitchell

Hours: Fridays 9:30 am - 12:00 pm  
Contact: 519-271-2950  
Details: Open to Mitchell and area residents.  
One pick-up every 30 days.

## Breakfast Programs

### Yours, Mine, and Ours - Stratford

37 Franklin Drive

Hours: Tuesday, Wednesday & Thursday  
7:30 am - 8:30 am  
Contact: Huron-Perth Children's Aid Society,  
519-271-5290 ext 2249  
Details: Open to children living in Ontario Housing.  
No cost.

### Local Community Food Centre

612 Erie Street, Stratford

Hours: Thursdays 8:30 am - 9:30 am  
Contact: 519-508-3663  
Details: Open to all

### School Nutrition Programs

Breakfast, lunch and snack programs are offered to children in some schools in Perth County.

To find out more about Huron-Perth Eat & Learn, contact:  
Health Line at 519-271-7600 ext 267



Need more information? Contact Health Line at  
519-271-7600 ext 267 or Listowel area residents call  
1-877-271-7348 ext 267.

Revised September 2015 ~ Dates and times subject to change

# Food For All

Food Banks and Meal Programs in Perth County



October 2015 - May 2016

# Evening Hot Meal Programs in Stratford. Open to All - Drop In!

OCTOBER 2015						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
				1	2	3
4	5 LCFC 5:15 pm	6	7	8 Knox 5:15 pm	9 Knox 5:15 pm	10
11	12 LCFC 5:15 pm	13	14	15 St. Joseph's 5 pm	16 Knox 5:15 pm	17
18	19 LCFC 5:15 pm	20	21	22	23	24
25 Central 5:15 pm	26 LCFC 5:15 pm	27	28	29	30 Zion 5 pm	31

NOVEMBER 2015						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
1	2 LCFC 5:15 pm	3 CRC 5:30 pm	4 St. Andrews 5:15 pm	5 Parkview 5:15 pm	6 Knox 5:15 pm	7
8	9 LCFC 5:15 pm	10 St. Pauls 5:15 pm	11 St. Andrews 5:15 pm	12 Knox 5:15 pm	13	14
15	16 LCFC 5:15 pm	17 CRC 5:30 pm	18 St. Andrews 5:15 pm	19 St. Joseph's 5 pm	20 Knox 5:15 pm	21
22	23 LCFC 5:15 pm	24 St. Pauls 5:15 pm	25 St. Andrews 5:15 pm	26	27 Zion 5 pm	28
29 Central 5:15 pm	30 LCFC 5:15 pm					

DECEMBER 2015						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
		1 CRC 5:30 pm	2 St. Andrews 5:15 pm	3 Parkview 5:15 pm	4 Knox 5:15 pm	5
6	7 LCFC 5:15 pm	8 St. Pauls 5:15 pm	9 St. Andrews 5:15 pm	10 Knox 5:15 pm	11 Knox 5:15 pm	12
13	14 LCFC 5:15 pm	15	16 St. Andrews 5:15 pm	17 St. Joseph's 5 pm	18 Knox 5:15 pm	19 To Stratford with Love 5:30 pm
20	21 LCFC 5:15 pm	22 St. Pauls 5:15 pm	23 St. Andrews 5:15 pm	24	25 St. James 12 noon	26
27	28 LCFC 5:15 pm	29 St. Pauls 5:15 pm	30 St. Andrews 5:15 pm	31		

JANUARY 2016						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
					1	2
3	4 LCFC 5:15 pm	5 CRC 5:30 pm	6 St. Andrews 5:15 pm	7 Parkview 5:15 pm	8	9
10	11 LCFC 5:15 pm	12 St. Pauls 5:15 pm	13 St. Andrews 5:15 pm	14 Knox 5:15 pm	15 Knox 5:15 pm	16
17	18 LCFC 5:15 pm	19 CRC 5:30 pm	20 St. Andrews 5:15 pm	21 St. Joseph's 5 pm	22	23
24 St. John's 5:15 pm	25 LCFC 5:15 pm	26 St. Pauls 5:15 pm	27 St. Andrews 5:15 pm	28	29 Zion 5 pm	30
31						

FEBRUARY 2016						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
	1 LCFC 5:15 pm	2 CRC 5:30 pm	3 St. Andrews 5:15 pm	4 Parkview 5:15 pm	5 Knox 5:15 pm	6
7	8 LCFC 5:15 pm	9 JUBILEE 5:15 pm	10 St. Andrews 5:15 pm	11 Knox 5:15 pm	12 Knox 5:15 pm	13
14	15 LCFC 5:15 pm	16 CRC 5:30 pm	17 St. Andrews 5:15 pm	18 St. Joseph's 5 pm	19 Knox 5:15 pm	20
21	22 LCFC 5:15 pm	23 St. Pauls 5:15 pm	24 St. Andrews 5:15 pm	25	26 Zion 5 pm	27
28 St. John's 5:15 pm	29 LCFC 5:15 pm					

MARCH 2016						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
		1 CRC 5:30 pm	2 St. Andrews 5:15 pm	3 Parkview 5:15 pm	4 Knox 5:15 pm	5
6	7 LCFC 5:15 pm	8 St. Pauls 5:15 pm	9 St. Andrews 5:15 pm	10 Knox 5:15 pm	11	12
13	14 LCFC 5:15 pm	15 CRC 5:30 pm	16 St. Andrews 5:15 pm	17 St. Joseph's 5 pm	18 Knox 5:15 pm	19
20 St. John's 5:15 pm	21 LCFC 5:15 pm	22 St. Pauls 5:15 pm	23 St. Andrews 5:15 pm	24	25	26
27	28 LCFC 5:15 pm	29 CRC 5:30 pm	30 St. Andrews 5:15 pm	31		

APRIL 2016						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
					1 Knox 5:15 pm	2
3	4 LCFC 5:15 pm	5 CRC 5:30 pm	6 St. Andrews 5:15 pm	7 Parkview 5:15 pm	8 Knox 5:15 pm	9
10	11 LCFC 5:15 pm	12 St. Pauls 5:15 pm	13 St. Andrews 5:15 pm	14 Knox 5:15 pm	15 Knox 5:15 pm	16
17	18 LCFC 5:15 pm	19	20 St. Andrews 5:15 pm	21 St. Joseph's 5 pm	22	23
24 St. John's 5:15 pm	25 LCFC 5:15 pm	26 St. Pauls 5:15 pm	27 St. Andrews 5:15 pm	28	29 Zion 5 pm	30

MAY 2016						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
1	2 LCFC 5:15 pm	3	4	5	6	7
8	9 LCFC 5:15 pm	10	11	12	13	14
15	16 LCFC 5:15 pm	17	18	19 St. Joseph's 5 pm	20 Knox 5:15 pm	21
22	23 LCFC 5:15 pm	24	25	26	27 Zion 5 pm	28
29	30 LCFC 5:15 pm	31				

## Hot Meal Locations and Providers

<b>Central United Church</b> 194 Avondale Avenue, Stratford Enter off Huntington Street Contact: Church Office, 519-271-7946	<b>The Local Community Food Centre (LCFC)</b> 612 Erie Street, Stratford Contact: 519-508-3663	<b>St. Joseph's Parish Hall</b> 96 Huron Street, Stratford Enter off Hibernia Street Contact: Church Office, 519-271-6722	<b>Parkview United Church</b> 470 Ontario Street, Stratford Contact: Church Office, 519-271-1609	<b>Avon Mennonite Church</b> 90 Greenwood Drive, Stratford Contact: Church office, 519-273-2261 Details: Meals held at Knox
<b>St. Andrews Presbyterian Church</b> 25 St. Andrew Street, Stratford Contact: Church Office, 519-271-5668	<b>St. Pauls Church</b> 9 Douro Street, Stratford Contact: Church Office, 519-271-4527	<b>St. John's United Church</b> 175 Waterloo Street South, Stratford Contact: Church Office, 519-271-3683	<b>St. James Anglican Church</b> 6 Hamilton Street, Stratford Contact: Church Office, 519-271-4527	<b>Bethel Pentecostal Church</b> R.R. #4, Stratford Contact: Church Office, 519-273-0050 Details: Meals held at Knox
<b>Stratford Christian Reform Church (CRC)</b> 190 Athlone Crescent, Stratford Contact: Church Office, 519-273-1292	<b>Zion Lutheran Church</b> 202 Erie Street, Stratford Contact: Church Office, 519-271-8527	<b>Knox Presbyterian Church</b> 142 Ontario Street, Stratford Contact: Church Office, 519-271-0373	<b>Jubilee Christian Fellowship</b> 707 Downie Street, Stratford Contact: Church Office, 519-271-4441	<b>To Stratford With Love Meal at the Stratford Rotary Complex</b> 353 McCarthy Road, Stratford December 19, 2015 <u>Only</u>

Breakfast is served every Thursday morning at 8:30am and Senior's Lunch (60yrs and older) is served every Wednesday at 11:30am, at the Local Community Food Centre, 612 Erie Street, Stratford.

For emergency shelter call:  
 519-274-8000 or  
 1-888-829-7484  
 (Huron/Perth Crisis Intervention Line)

