

Food Banks in Perth County

Food Banks provide no-cost emergency food assistance

House of Blessing - Stratford - 423 Erie Street

Hours: Tuesdays, Wednesdays & Thursdays
10 am - 12 pm and 1 pm - 3 pm
Contact: Office, 519-273-3433
Details: Open to all. One pick-up per month. Also provide diapers and formula, clothing, furniture, hands-on classes, back to school supplies and Christmas toys.

Salvation Army - Stratford - 230 Lightbourne Ave

Hours: Mondays & Thursdays
9:15 am - 11:30 am & 1:15 pm - 4:30 pm
Contact: Church Office, 519-271-2950
Details: Open to all.
By appointment only.
*Christmas hampers available.

Society of Saint Vincent de Paul - Stratford

St. Joseph's Catholic Church
96 Huron Street

Enter Church Hall off Hibernia Street

Hours: Wednesdays 3 pm - 5 pm
Contact: Church Office, 519-271-6722
Details: Open to all year round.
Eligible once every 4 weeks.

*Children can be registered for Christmas gifts.

St. James Anglican Church - Stratford

6 Hamilton Street

Hours: Tuesdays 9:30 am - 11 am
Contact: Church Office, 519-271-3572
Details: Open to all. One pick-up per month.
Closed Tuesday after a statutory holiday.

St. Pauls Church - Stratford - 9 Douro Street

Hours: Fridays 9:30 am - 11 am
Contact: Church Office, 519-271-4527
Details: Open to all. One pick-up per month.

Avondale United Church - 194 Avondale Avenue

Enter off Huntington Street

Hours: Fridays 9:30 am - 11:30 am
Contact: Church Office, 519-271-7946
Details: One pick-up per month.

Salvation Army - Listowel - 326 Main Street East

Food Bank Hours: Wednesdays & Thursdays 10 am - 12 pm,
and 1 - 3 pm by appointment only

Contact: Family Service Office, 519-291-2900
Details: Open to North Perth and area residents.
*Also provides Christmas hampers and back to school back packs.

Loaves and Fishes Food Bank - Milverton

6619 Perth Road 131

Mennonite Fellowship Church

Hours: 1st and 3rd Tuesday each month 9:30 am - 11:30 am
Contact: 519-595-8762 or after hours 519-595-4287
Details: Open to Milverton, Ellice and Mornington Ward residents. One pick-up per month.

Salvation Army - St. Marys - 220 Queen Street East

Enter by lower level off Peel Street

Hours: Mondays, Wednesdays, & Fridays
by appointment (few days notice is required)
Contact: 519-284-2760
Details: Open to St. Marys and area residents. Formula and diapers when available.

*Also provide Christmas hampers.

The Salvation Army - Mitchell

Upper Thames Missionary Church
80 Roland St. Mitchell

Hours: Fridays 9:30 am - 12:00 pm
Contact: 519-271-2950
Details: Open to Mitchell and area residents.
One pick-up every 30 days.

Breakfast Programs

Yours, Mine, and Ours - Stratford

37 Franklin Drive

Hours: Tuesdays, Wednesdays & Thursdays
7:30 am - 8:30 am
Contact: Huron-Perth Children's Aid Society,
519-271-5290 ext 2249
Details: Open to children living in Ontario Housing.
No cost.

Local Community Food Centre

612 Erie Street, Stratford

Hours: Thursdays 8:30 am - 9:30 am
Contact: 519-508-3663
Details: Open to all

School Nutrition Programs

Breakfast, lunch and snack programs are offered to children in most schools in Perth County.

To find out more about Ontario Student Nutrition Programs - Huron Perth, contact: Nancy Fisher at 519-440-0926.



Need more information? Contact Health Line at 519-271-7600 ext 267 or toll free at 1-877-271-7348 ext 267.

Revised August 2016 ~ Dates and times subject to change

Food For All

Food Banks and Meal Programs in Perth County



October 2016 - May 2017

Evening Hot Meal Programs in Stratford. Open to All - Drop In!

OCTOBER 2016						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
						1
2	3 LCFC 5:15 pm	4	5	6	7	8
9	10 LCFC 5:15 pm	11	12	13 Knox 5:15 pm	14 Knox 5:15 pm	15
16	17 LCFC 5:15 pm	18	19	20 St. Joseph's 5 pm	21 Knox 5:15 pm	22
23	24 LCFC 5:15 pm	25	26	27	28 Zion 5 pm	29
30	31 LCFC 5:15 pm					

NOVEMBER 2016						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
		1 St. Pauls 5:15 pm	2 St. Andrews 5:15 pm	3 Parkview 5:15 pm	4	5
6	7 LCFC 5:15 pm	8 CRC 5:15 pm	9 St. Andrews 5:15 pm	10 Knox 5:15 pm	11	12
13	14 LCFC 5:15 pm	15 St. Pauls 5:15 pm	16 St. Andrews 5:15 pm	17 St. Joseph's 5 pm	18 Knox 5:15 pm	19
20	21 LCFC 5:15 pm	22 CRC 5:15 pm	23 St. Andrews 5:15 pm	24	25 Zion 5 pm	26
27	28 LCFC 5:15 pm	29 St. Pauls 5:15 pm	30 St. Andrews 5:15 pm			

DECEMBER 2016						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
				1 Parkview 5:15 pm	2 Knox 5:15 pm	3
4	5 LCFC 5:15 pm	6 CRC 5:15 pm	7 St. Andrews 5:15 pm	8 Knox 5:15 pm	9 Knox 5:15 pm	10
11	12 LCFC 5:15 pm	13 St. Pauls 5:15 pm	14 St. Andrews 5:15 pm	15 St. Joseph's 5 pm	16 Knox 5:15 pm	17 To Stratford with Love 5:30 pm
18	19 LCFC 5:15 pm	20	21 St. Andrews 5:15 pm	22	23	24
25 St. James 12 noon	26	27 St. Pauls 5:15 pm	28 St. Andrews 5:15 pm	29	30 Zion 5 pm	31

JANUARY 2017						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
1	2 LCFC 5:15 pm	3 St. Pauls 5:15 pm	4 St. Andrews 5:15 pm	5 Parkview 5:15 pm	6	7
8	9 LCFC 5:15 pm	10 CRC 5:15 pm	11 St. Andrews 5:15 pm	12 Knox 5:15 pm	13	14
15	16 LCFC 5:15 pm	17 St. Pauls 5:15 pm	18 St. Andrews 5:15 pm	19 St. Joseph's 5 pm	20 Knox 5:15 pm	21
22	23 LCFC 5:15 pm	24 CRC 5:15 pm	25 St. Andrews 5:15 pm	26	27 Zion 5 pm	28
29 Avondale 5:15 pm	30 LCFC 5:15 pm	31 St. Pauls 5:15 pm				

FEBRUARY 2017						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
			1 St. Andrews 5:15 pm	2 Parkview 5:15 pm	3	4
5	6 LCFC 5:15 pm	7 CRC 5:15 pm	8 St. Andrews 5:15 pm	9 Knox 5:15 pm	10 Knox 5:15 pm	11
12	13 LCFC 5:15 pm	14 St. Pauls 5:15 pm	15 St. Andrews 5:15 pm	16 St. Joseph's 5 pm	17 Knox 5:15 pm	18
19	20 LCFC 5:15 pm	21 CRC 5:15 pm	22 St. Andrews 5:15 pm	23	24 Zion 5 pm	25
26 Avondale 5:15 pm	27 LCFC 5:15 pm	28 JUBILEE 5:15 pm				

MARCH 2017						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
			1 St. Andrews 5:15 pm	2 Parkview 5:15 pm	3 Knox 5:15 pm	4
5	6 LCFC 5:15 pm	7 CRC 5:15 pm	8 St. Andrews 5:15 pm	9 Knox 5:15 pm	10	11
12	13 LCFC 5:15 pm	14 St. Pauls 5:15 pm	15 St. Andrews 5:15 pm	16 St. Joseph's 5 pm	17 Knox 5:15 pm	18
19	20 LCFC 5:15 pm	21 CRC 5:15 pm	22 St. Andrews 5:15 pm	23	24 Knox 5:15 pm	25
26 Avondale 5:15 pm	27 LCFC 5:15 pm	28 St. Pauls 5:15 pm	29 St. Andrews 5:15 pm	30	31 Zion 5 pm	

APRIL 2017						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
						1
2	3 LCFC 5:15 pm	4 CRC 5:30 pm	5 St. Andrews 5:15 pm	6 Parkview 5:15 pm	7 Knox 5:15 pm	8
9	10 LCFC 5:15 pm	11 St. Pauls 5:15 pm	12 St. Andrews 5:15 pm	13 Knox 5:15 pm	14	15
16	17 LCFC 5:15 pm	18	19 St. Andrews 5:15 pm	20 St. Joseph's 5 pm	21 Knox 5:15 pm	22
23	24 LCFC 5:15 pm	25 St. Pauls 5:15 pm	26 St. Andrews 5:15 pm	27	28 Zion 5 pm	29
30 Avondale 5:15 pm						

MAY 2017						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
	1 LCFC 5:15 pm	2	3	4	5	6
7	8 LCFC 5:15 pm	9	10	11 Knox 5:15 pm	12	13
14	15 LCFC 5:15 pm	16	17	18 St. Joseph's 5 pm	19 Knox 5:15 pm	20
21	22 LCFC 5:15 pm	23	24	25	26 Zion 5 pm	27
28 Avondale 5:15 pm	29 LCFC 5:15 pm	30	31			

Hot Meal Locations and Providers

The Local Community Food Centre (LCFC) 612 Erie Street, Stratford Contact: 519-508-3663	St. Joseph's Parish Hall 96 Huron Street, Stratford Enter off Hibernia Street Contact: Church Office, 519-271-6722	Parkview United Church 470 Ontario Street, Stratford Contact: Church Office, 519-271-1609	Avon Mennonite Church 90 Greenwood Drive, Stratford Contact: Church office, 519-273-2261 Details: Meals held at Knox	To Stratford With Love Meal at the Stratford Rotary Complex 353 McCarthy Road, Stratford December 17, 2016 <u>Only</u>
St. Andrews Presbyterian Church 25 St. Andrew Street, Stratford Contact: Church Office, 519-271-5668	St. Pauls Church 9 Douro Street, Stratford Contact: Church Office, 519-271-4527	Avondale United Church 194 Avondale Avenue, Stratford Contact: Church Office, 519-271-7946	St. James Anglican Church 6 Hamilton Street, Stratford Contact: Church Office, 519-271-4527	Bethel Pentecostal Church R.R. #4, Stratford Contact: Church Office, 519-273-0050 Details: Meals held at Knox
Stratford Christian Reform Church (CRC) 190 Athlone Crescent, Stratford Contact: Church Office, 519-273-1292	Zion Lutheran Church 202 Erie Street, Stratford Contact: Church Office, 519-271-8527	Knox Presbyterian Church 142 Ontario Street, Stratford Contact: Church Office, 519-271-0373	Jubilee Christian Fellowship 707 Downie Street, Stratford Contact: Church Office, 519-271-4441	For emergency shelter call: 519-274-8000 or 1-888-829-7484 (Huron/Perth Crisis Intervention Line)



Continuing throughout the year:

Local Community Food Centre (LCFC)
Breakfast is served every Thursday morning at 8:30am
Senior's Lunch (60yrs and older) is served every Wednesday at 11:30am
Dinner is served every Monday evening at 5:15pm

St. Joseph's Parish Hall
Dinner is served every third Thursday of the month at 5 pm

Bethel @ Knox Presbyterian Church
Dinner is served every third Friday of the month at 5:15pm