

Bruce Grey 2019 Snapshot

- Mental Health -

Mental Health Needs Breakdown	Total Needs Identified	Total Needs Met	Total Needs Unmet	Total Referrals
Crisis Intervention	231	226	5	310
Outpatient Mental Health Facilities	71	70	1	135
Counselling Services	43	42	1	136
Mental Health Information/Education	9	9	0	12
Talklines/Warmlines	6	6	0	9
Psychiatric Services	5	5	0	9
Residential Treatment Facilities	3	3	0	6
Early Intervention for Mental Illness	2	2	0	4
Family Counselling	2	2	0	2
Inpatient Mental Health Facilities	2	2	0	3
Behavioural Learning Therapy	1	1	0	1
Faith Based Counselling	1	1	0	1
Supportive Therapies	1	1	0	4
Therapy Referrals	1	1	0	3
Total	378	371	7	554

In 2019, 7% (378) of the total 5,474 needs presented by residents of Bruce and Grey Counties were related to mental health. The most commonly presented need was for mental health crisis intervention, followed by outpatient facilities and counselling services.

When individuals contact 211 in a mental health crisis, our certified Community Navigators are trained to perform a risk assessment and when appropriate, warm transfers are initiated to ensure callers are supported until they are successfully connected to crisis lines or other appropriate supports.

211's Community Navigators conduct further needs assessments which usually result in referrals to additional community supports.